



Tri-Lakes Center for Independent Living, Inc.  
43 Broadway, Suite 1  
Saranac Lake, NY 12983

## Services We Provide

### **Housing:**

- Landlord Lists and Introductions to Landlords
- General Housing Searches
- Assistance Filling out and Filing HUD Applications
- Help Finding Cash Assistance for Deposits and Past Due Rent
- Architectural Barrier Assessment
- Advisement on Solutions to Barriers (Ramps, Contractors, Funding, Etc.)

### **Benefits Advisement:**

- SSI/SSDI Application Assistance
- SSI/SSDI Appeals Assistance
- SNAP, TANF, HEAP, Medicaid, Emergency Assistance
- Advisement regarding resources and SSI/SSDI
- Pool Trust Funds, etc. Referrals
- Information on Medicaid and Medicare
- Benefits for Children with Disabilities

### **Independent Living Skills:**

- Budgeting
- Self-Care
- Managing Bills
- Using a Computer
- Using Assistive Technology
- Communication Skills/Soft Skills Training

### **Technology/Communication/Equipment:**

- Getting a Safe-link Phone
- Getting Adaptive Technology
- Architectural Barrier Assessment
- Advisement on Solutions to Barriers (Ramps, Contractors, Funding, Etc.)

**Advocacy Services:**

- Helping People Get Reasonable Accommodations at Work and at Home
- Helping People Understand the ADA and FHA rules on Service Animals and Emotional Support Animals.
- Working with Business and the Schools

**Transitional Services:**

- From School to the Adult World
- From Jail to the General Community
- From Mental Health Facilities to the General Community
- From Substance Abuse Rehabs to the General Community
- From the Hospital to Home
- From Nursing Homes to Home

**Recreational/Social Support:**

- Information on Support Groups
- Information on Accessible Restaurants
- Information on Accessible Outdoor Activities
- Information on Accessible Indoor Activities
- TLCIL Resource Room Open to Consumers

**Employment:**

- Referral to ACCES-VR
- Referrals from ACCES-VR to provide Employment Services
- Resumes
- Job Search
- Job Placement
- Job Coaching
- College Coaching
- Interviewing Skills
- Soft Skills Training

"Empowering people with disabilities to achieve free and independent lives"